

Signs You Walk in the Spirit Galatians 6:1-10

"If we live by the Spirit, let us also walk by the Spirit. Let us not become boastful, challenging one another, envying one another." Galatians 5:25-26

You are walking in the Spirit when you are....

Restoring people that are broken. Galatians 6:1

"Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; each one looking to yourself, so that you too will not be tempted."

- **Who:** those "caught" in any sin.
- **What:** to restore
- **How:** spiritually mature in gentleness while guarding your own heart for temptation.

1 Thessalonians 5:14

Caring for people that are burdened. Galatians 6:2-5

"Bear one another's burdens, and thereby fulfill the law of Christ. For if anyone thinks he is something when he is nothing, he deceives himself. But each one must examine his own work, and then he will have reason for boasting in regard to himself alone, and not in regard to another. For each one will bear his own load"

- **Who:** Those that have a burden they cannot carry alone.
- **How:** remove any deception from the pride of self-sufficiency.
- **When:** the burden is sometimes too heavy for one and other times one I must carry for and with Christ.

2 Corinthians 7:5-8 · John 19:17 · Luke 23:26 · Matthew 11:30

Investing in eternal values. Galatians 6:6-8

"The one who is taught the word is to share all good things with the one who teaches him. Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life"

- **Who:** invest in God's kingdom message and mission.
- **How:** avoid the deception of this world's values that seem so appealing. God will not be mocked.
- **Why:** sowing to this world's values reaps corruption. Sowing to God's Spirit will reap eternal life.

1 Timothy 6:17-19

Persevering when we are weary. Galatians 6:9-10

"Let us not lose heart in doing good, for in due time we will reap if we do not grow weary. So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith."

- **Who:** believers in danger of losing heart from doing good.
- **Why:** we must persevere to reap a harvest for God will bring us opportunity to do good for everyone and especially of the household of faith.

Hebrews 12:1-3

LifeGroup Discussion

Today's passage is Paul's instruction on how to apply the fruit of the Spirit in people's lives and is an application of what it means to "walk in the Spirit" from Galatians 5. Paul outlines four major ways you and I can help others by walking in the Spirit:

Restore those who are broken.

What has been your observation or experience in restoring believers that have sinned?
Why or why not did it work well?

Some can come across to judgmental or with harsh words. Read 1 Thessalonians 5:14 and review the three ways to approach three different kinds of problems:

- Admonish the unruly
- Encourage the fainthearted
- Help the weak

Why would it be wrong to admonish the "fainthearted" or to simply encourage one who is unruly?
Why are the last words of "patience with everyone" so important? What does that mean in your situations?

Care for those that are burdened.

What kinds of burdens have you have to carry on your own? Why was that hard? When have you experienced help where another has supported you in carrying your burden? Where have you helped another person with their burdens? Read 2 Corinthians 7:5-7. How does Paul reveal even his need for someone to "bear his burdens?"

Invest in eternal values.

Some are deceived into investing in temporal things of this world. When you sow to the flesh or temporal things, what eventually happens? Where have you experienced either the problem of sowing to the flesh or sowing to the Spirit with eternal rewards? Read 1 Timothy 6:17-19. What application can you make from those verses?

Persevere when you are weary.

Can you reflect on a time when you grew weary in doing good? What helped you during that time?
When you walk in the Spirit, He seeks to empower us to persevere.
What do you learn from Hebrews 12:1-3 to not grow weary?

Next Steps

1. **Join a LifeGroup to connect with others and grow together in your faith.** LifeGroups are the primary place, beyond Sunday worship, where we actively engage in the life and purpose of our church. To learn more about joining a life group, you can select "Join a LifeGroup" on The Card (in the back of the seat rack), or contact Calvary's Pastor of LifeGroups, Robert Carter at rcarter@calvarylife.org, or visit calvarylife.org/lifegroups
2. **Have you trusted in Jesus as your Savior? Take the next step and be baptized!** Come learn more at a Baptism Class, today or next Sunday at 9:00 or 11:00 am in the Prayer Room (Worship Center NW Corner). calvarylife.org/baptism
3. **Join the Summer Sunday Sing for a time of worship and music** today from 4:00 – 5:00 pm in Samsvick Chapel. Pastor Ron Rogalski and Trish Folsom lead in singing classic hymns and praise songs spanning the decades. calvarylife.org/sing

