

Rest through Abiding Hebrews 3:15 • John 6:26-71

Be open to hearing from the voice of God Hebrews 3:15

Hebrews 3:15 - "Today if you hear His voice, do not harden your hearts as they did when they provoked Me."

We work hard towards God's purposes John 6:40

John 6:40 – "For this is the will of My Father, that everyone who beholds the Son and believes in Him will have eternal life, and I myself will raise him up on the last day."

We rest deeply through intimacy with Jesus John 6:56-57

John 6:56-57 – "He who eats My flesh and drinks My blood abides in Me, and I in him. As the living Father sent Me, and I live because of the Father, so he who eats Me, he also will live because of Me."

- "If anyone is thirsty, let him come to Me and drink. He who believes in Me, as the Scripture said, 'From his innermost being will flow rivers of living water.' "John 7:37
- Silence and stillness are key to abiding in Christ.
- Response: Take some time this week to be still, pray, read the Bible, and then just listen in silence.

Fire by Judy Brown

What makes a fire burn is space between the logs, a breathing space.
Too much of a good thing, too many logs packed in too tight can douse the flames almost as surely as a pail of water.

So building fires requires attention to the spaces in between, as much as to the wood.

When we are able to build open spaces in the same way we have learned to pile on logs, then we come to see how it is fuel, and the absence of fuel together, that make fire possible.

We only need to lay a log lightly from time to time.

A fire grows simply because the space is there, with openings in which the flame that knows just how it wants to burn can find its way.



Preparation

If possible, find a quiet and comfortable place. Rid yourself of distractions such as your phone, television, school work, interruptions from others, etc. Open yourself to God and intend to learn from Him. "Lord, here I am, I present myself to You. Open my heart to the truth of what is going on in my life."

2 Read the Text: Hebrews 3:15 & John 6:26-71

Read each text a few times until you have a clear understanding of what the passage is saying.

3 Contemplate + Journal

Spend time thinking about and journaling your thoughts to the following questions. If you meet with a LifeGroup, you can also share your responses with them and have a great discussion.

- What is a word or phrase the Lord impressed on you in this time? Meditate on that.
- Where else in your life may you be prone to look for meaning in life? Why?
- Can you identify with Peter's answer in John 6:68-69? In the past, where have you looked for satisfaction but not found it? How would you encourage someone who is just now beginning to learn about and follow Jesus?
- Ask the Lord, "Where are You ministering to my heart in this passage? What is it that You are sharing with me
 in this time?"

Praise + Worship

Worship is an act or mindset shift that realigns us to the reality of who God is. Find this song on Spotify, YouTube, AppleMusic, etc. and the lyrics if you would like to read or sing along. Make this song your prayer and declaration of praise and worship as you hear truths being sung over you. Allow the Lord to minister to your heart in this time.

Song Recommendation: "Abide" by Kingdom Culture Worship

6 Closing Prayer

Spend some time in prayer. Whether it is simply sitting in God's loving presence, expressing thankfulness and gratitude, and/or offering up supplication, pray what is on your heart at this time.

6 Blessing

"May you know and believe that you are deeply loved by Jesus. May He equip you with all you need for doing His will. May He produce in you, through the power of Jesus Christ, every good thing that is pleasing to Him. All glory to Him forever and ever! Amen." Hebrews 13:21

NEXT STEPS

Your Response Today: Do you want to take a next step in your faith, ask for prayer, or learn more about following Jesus? Take a moment to fill out our online connection card by texting "Card" to 970-00

Connect in a LifeGroup: LifeGroups at Calvary are now meeting using online platforms! Contact Pastor Robert Carter at rcarter@calvarylife.org if you would like help setting up a way for your existing group to connect online. Browse existing LifeGroups and consider joining one for the summer season at **calvarylife.org/groups**

Discover More: Learn about ways you can connect to life at Calvary including weekly pastoral updates and online events, find resources to receive care and help through this season, and discover how we are reaching out with the good news of Jesus locally and globally at **CalvaryLife.org**

2020 ANNUAL MEMBERSHIP MEETING

Today at 10:45am

This meeting is for all members to attend online as we share important leadership updates, stories of God at work locally and globally, and hold the annual elder affirmation vote. You may participate in that vote online during the webinar or return the ballot by mail before Sunday, May 24.

- Find a link to connect via a Zoom Webinar at calvarylife.org/meeting
- You may also call in and listen toll-free (855) 586-7606

RESOURCES

Worship Service Live-Stream: Calvary will not be having in-person, on-campus groups or services until further notice. The Worship Service will be streamed live online each Sunday at 9:30am. Find ways to watch and resources for you and your family on our website at calvarylife.org/live

Family Activities: Find ways to help "do church" with your kids and fun activities to build their faith each Sunday and throughout the week with great resources provided by Calvary Town at **calvarylife.org/town**

Find Help or Give Help: Do you need assistance or encouragement in this season? Or, do you want to get involved and be available to help others in need? Find ways to receive help or give help at **calvarylife.org/help**

Ways to Give: Please pray for those who are affected economically by this virus and for our church finances as well, that God would sustain and provide through this challenging season. Please consider mailing a donation to the church or you can give online simply and securely this week at calvarylife.org/give

