



June 14, 2020  
Pastor David Mitchell

## Hold Fast to Jesus Hebrews 4:14-16

**Jesus is supreme, sees all we do and we must give an account to Him. Hebrews 4:13**

We are to hold fast to Jesus because...

**Jesus is our high priest, the Son of God, that rules from the highest power. Hebrews 4:14**

*Therefore, since we have a great high priest who has passed through the heavens, Jesus the Son of God let us hold fast our confession.*

Hebrews 3:1,6 • Hebrews 10:23

**Jesus is our high priest, qualified to sympathize with us in our lowest weakness. Hebrews 4:15**

*"For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin."*

- Qualified because He suffered and was tempted, and is able to help us when we are tempted. Hebrews 2:18
  - **Weakness** =
    - Our physical weaknesses. Matthew 26:41
    - Our spiritual weaknesses. Romans 5:6; Galatians 4:9
    - Our moral weaknesses. 1 Corinthians 8:7
  - **Sympathy**: *sun* = with, *pascho* = suffer. Jesus will suffer with us compassionately. Hebrews 12:1-3
- Qualified because He overcame every temptation without sin.

**Therefore, draw near to Jesus. Hebrews 4:16, 7:25**

Hebrews 4:16 – *"Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need."*

- Draw near with confidence to His throne of grace.
  - **Confidence** = "all speech" we can speak boldly to Jesus without fear.
- Draw near and receive mercy and grace to help in your time of need.



# DIGGING DEEPER

## HEBREWS 4:14-16

### 1 Preparation

If possible, find a quiet and comfortable place. Rid yourself of distractions such as your phone, television, school work, interruptions from others, etc. Open yourself to God and intend to learn from Him.

*"Lord, here I am, I present myself to You. Open my heart to the truth of what is going on in my life."*

### 2 Read the Text: Hebrews 4:14-16 & Psalm 100:2-4

Read the text a few times until you have a clear understanding of what the passage is saying.

### 3 Contemplate + Journal

Spend time thinking about and journaling your thoughts to the following questions after meditating on each of the scriptures above. If you meet with a LifeGroup, you can also share your responses and discuss together.

- Truly, we can draw near to God in worship. According to Psalm 100:2-4, what does it look like to approach God? How does He view us as we approach Him? What does this mean for you and your relationship with Him?
- How does it feel knowing that Jesus understands our weaknesses? How does this comfort you specifically? Open up to the Lord about this.
- How and what do you feel? Is there a situation in your life that relates to this passage? Pray through this.

### 4 Praise + Worship

Worship is an act or mindset shift that realigns us to the reality of who God is. Find this song on Spotify, YouTube, AppleMusic, etc. and the lyrics if you would like to read or sing along. Make this song your prayer and declaration of praise and worship as you hear truths being sung over you. Allow the Lord to minister to your heart in this time.

**Song Recommendations:** *"Before the Throne of God Above" by Shane & Shane*

### 5 Prayer & Response

Spend time in prayer with confidence as you draw near to the throne of grace. Whether it is simply sitting in God's loving presence, expressing thankfulness and gratitude, asking Him to meet your needs or for others, or spending time in repentance and confession - pray what is on your heart. Seek the mercy and grace of Jesus for yourself, your family, our church, and our community. Click the links below to watch these videos and pray for understanding and peace in these turbulent situations:

- [Brian Loritts: A Conversation about Justice, Race and the Gospel](#)
- [Dr. Tony Evans Speaks from his Heart on Social Justice](#)

### 6 Blessing

*May you know that we serve an approachable God who offers us abundant grace. Jesus sees you, knows you*

*intimately, and is able to sympathize with your weaknesses. May you enter His throne of grace and receive acceptance, grace, and peace for your soul.*

## NEXT STEPS

**Your Response Today:** Do you want to take a next step in your faith, ask for prayer, or learn more about following Jesus? Take a moment to fill out our online connection card by texting “**Card**” to **970-00**

**Connect in a LifeGroup:** Grow in community together this summer with others from Calvary. There will be some groups meeting online throughout the summer, as well as smaller off-campus groups meeting in-person. Browse groups to join, or consider helping to start a new group using a Bible Study resource on Sabbath, The Lord’s Prayer, Psalm 23, or Digging Deeper in Hebrews at [calvarylife.org/groups](https://calvarylife.org/groups)

**Discover More:** Learn about ways you can connect to life at Calvary including weekly pastoral updates and online events, find resources to receive care and help through this season, and discover how we are reaching out with the good news of Jesus locally and globally at [CalvaryLife.org](https://CalvaryLife.org)

## RESOURCES

**Worship Service Live-Stream:** Calvary will not be having in-person, on-campus groups or services until further notice. The Worship Service will be streamed live online each Sunday at 9:30am. Find ways to watch and resources for you and your family on our website at [calvarylife.org/live](https://calvarylife.org/live)

**Family Activities:** Find ways to help “do church” with your kids and fun activities to build their faith each Sunday and throughout the week with great resources provided by Calvary Town at [calvarylife.org/town](https://calvarylife.org/town)

**Find Help or Give Help:** Do you need assistance or encouragement in this season? Or, do you want to get involved and be available to help others in need? Find ways to receive help or give help at [calvarylife.org/help](https://calvarylife.org/help)

**Ways to Give:** Please pray for those who are affected economically by this virus and for our church finances as well, that God would sustain and provide through this challenging season. Please consider mailing a donation to the church or you can give online simply and securely this week at [calvarylife.org/give](https://calvarylife.org/give)