

## WHAT WE NEED WHEN LIFE FEELS HEAVY 2 TIMOTHY 4:9-22

### We Need To Ask For Support From Godly Friends 2 Timothy 4:9-16

2 Timothy 4:9 – *“Make every effort to come to me soon;”*

- Paul pleaded with Timothy and Mark to visit him and Luke in Rome (vs. 9, 11, 13)
- Paul felt the weight of loneliness (vs. 10, 12, 16)
- Paul warned Timothy about Alexander (vs. 14)

### We Need To Understand Who Stands With Us 2 Timothy 4:17-18

2 Timothy 4:17 – *“But the Lord stood with me and strengthened me...”*

- The Lord stood by Paul
  - Acts 23:11
- The Lord strengthened Paul
- The Lord rescued Paul
- Paul's response: *“To Him be the glory forever and ever. Amen.”*

### We Need To Continue to Bless and Serve Others 2 Timothy 4:19-22

2 Timothy 4:22 – *“The Lord be with your spirit. Grace be with you.”*

- *“Greet Priscilla and Aquila, and the household of Onesiphorus...”*
- *“...Grace be with you.”*

**Response:** When life feels heavy, a godly response is to seek out Christian community, remind yourself that the Lord stands with you in every moment and remain others focused.