

## The Fruit Shows the Walk Galatians 5:22-26

### We are saved by the power of God and we live by the power of God. Galatians 5:25-26

- The Spirit of God saves us and gives us life. The Spirit of God gives us the strength to walk and live each day for the Lord.
- Walk by the Spirit in vs. 16 and Walk by the Spirit in vs. 25.
  - verse 16 talks about “peripateo – to walk, live, conduct one’s life” and to do that by the Spirit. Halak in Hebrew is walk. Halakah – rabbinic ethical and social legislation. Your Walk. A rule of life or an ethic of life is your walk.
  - verse 25 is “stoicheo – keep in step, follow, walk in a line or row like troops marching” with the Spirit of God. We keep in step with the Spirit of God. We follow the steps of the Spirit of God.

### The fruit of the Spirit shows that we are walking by the Spirit. Galatians 5:22-24

- The fruit is the indicator of the walk. The evidence of the walk.
- This is one fruit with different aspects. We don’t choose the ones we like. It’s all of them.
- What are the parts of the fruit?  
*See Digging Deeper on the back*
- Are they displayed in my life?

DEEDS OF THE FLESH:		FRUIT OF THE SPIRIT:
Immorality	Outbursts of Anger	Love
Impurity	Disputes	Joy
Sensuality	Dissensions	Peace
Idolatry	Factions	Patience
Sorcery	Envy	Kindness
Enmities	Drunkenness	Goodness
Strife	Carousing	Faithfulness
Jealousy	Boastfulness	Gentleness
		Self-control

- Jesus’ walk to the cross allows us to walk in the Spirit.

### Response:

- Take some time to assess your own life: Identify the easiest aspects of the fruit to recognize and the most difficult.
- On the piece of blank paper in your bulletin, write down the Deed of the Flesh or the Counterfeit that is your greatest area of struggle. Then take that paper to one of the stations around the room, crumple it up and drop it in the bucket. Then take one of the cards with the Fruit of the Spirit on it. This represents you exchanging the counterfeit for the truth, the deeds of the flesh with the fruit of the Spirit. Spend time in prayer asking God to give you strength in the aspects of the fruit that are weak areas for you.

# Digging Deeper

## The Parts of the Fruit [\*Majority is taken from Galatians for You by Timothy Keller (p. 153-155)]

1. **Love (agape).** It means to serve a person for their good and intrinsic value, not for what the person brings you.
  - Opposite – Fear, self-protection and abusing people
  - Counterfeit (a fake version or deception) – selfish affection, where you are attracted to someone and treat them well because of how they make you feel about yourself
2. **Joy (chara).** A delight in God for the sheer beauty and worth of who He is.
  - Opposite – hopelessness or despair
  - Counterfeit – an elation that is based on experiencing blessings, not the Blessor, causing mood swings based on circumstances
3. **Peace (Irene).** A confidence and rest in the wisdom and control of God, rather than in your own.
  - Opposite – anxiety and worry
  - Counterfeit – indifference, apathy or not caring about something
4. **Patience (makrothumia).** An ability to face trouble without blowing up or hitting out.
  - Opposite – resentment toward God and others
  - Counterfeit – cynicism or lack of care: this is too small to care about
5. **Kindness (chrestotes).** An ability to serve others practically in a way which makes me vulnerable, which comes from having a deep inner security.
  - Opposite – envy that leaves me unable to rejoice in another's joy
  - Counterfeit – manipulative good deeds, doing good for others so I can congratulate myself and feel I am “good enough” for others or for God
6. **Goodness (agathosune).** Integrity, being the same person in every situation.
  - Opposite – a phony or a hypocrite
  - Counterfeit – being truthful without love; getting things off your chest just to make yourself look or feel better
7. **Faithfulness (pistis).** Loyalty, courage, to be utterly reliable and true to your word.
  - Opposite – to be an opportunist, a friend only in good times
  - Counterfeit – to be loving but not truthful, so that you are never willing to confront or challenge
8. **Gentleness (prautas).** Humility, self-forgetfulness, mildness.
  - Opposite – to be superior or self-absorbed
  - Counterfeit – weakness or inferiority
9. **Self-Control (egkrateia).** The ability to pursue the important over the urgent, temperance.
  - Opposite – to be always impulsive or uncontrolled
  - Counterfeit – willpower based on pride, the need to feel in control

## LifeGroup Discussion

1. What did you learn about the fruit of the Spirit today?
2. How does understanding the counterfeits help you to live out the true aspects of the fruit of the Spirit?
3. Look at the lists of the Deeds of the Flesh and the Fruit of the Spirit. Be open and vulnerable about your areas of struggle and the areas of strength. Pray for one another that the Holy Spirit would increase his fruit in your life.

## Next Steps

1. **Spend time journaling or in prayer asking the Spirit of God to grow his fruit in your life.** Write or pray about your areas of weakness and then thank God for the areas of strength.
2. **Become a member of Calvary Church.** Join the Discover Calvary membership class today, August 6 from 12:30 – 4:00 pm in Fireside to learn more about Calvary's history and beliefs, talk about how God designed His church to function, and go on a behind the scenes tour to learn about the different ministries at Calvary. [calvarylife.org/discover](http://calvarylife.org/discover)
3. **Pursue discipleship or mentoring to find support in living a life that bears the fruit of the Spirit.** Discipleship is the lifelong process of accepting God's invitation to grow up – to mature and become like Jesus. Calvary offers opportunities to be mentored by another Christian, or to become a mentor for others. [calvarylife.org/mentor](http://calvarylife.org/mentor)

